



State of the Art Safety Standards in RA
THE EUROPEAN SOCIETY OF REGIONAL
ANAESTHESIA & PAIN THERAPY

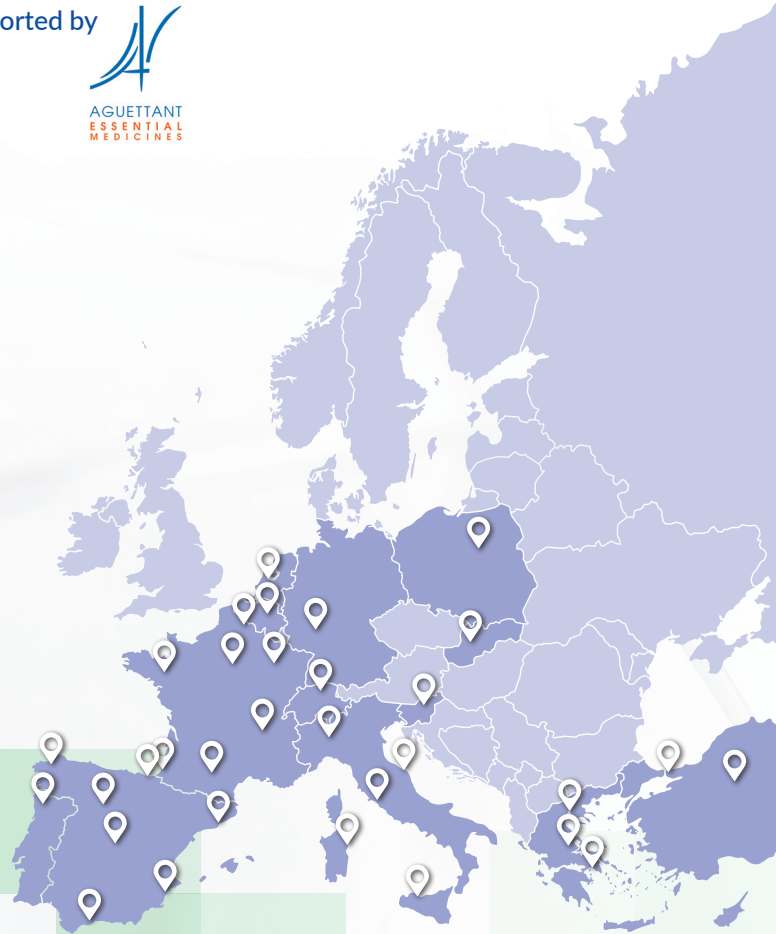
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One day
One program
In over 30 cities in Europe

3rd European Day of Regional Anaesthesia

Saturday 25 January 2020



European Day

Braga, Portugal



Venue: Hospital de Braga EPE
Sete Fontes- São Victor
Apartado 2056- 4701-901
Braga, Portugal

Registration: [Click here](#)

Your face-to-face meeting

European Day

PROGRAMME

08:30 – 12:30

LECTURES & PODCASTS

INTRODUCTION	Alain Delbos
LECTURE: Blocks for shoulder surgery. How can we prevent diaphragmatic paresis	Hugo Reis
PODCAST: My spinal doesn't work – Why ?	Marc Van De velde, Belgium
LECTURE: Postdural Puncture Headache: Conventional Management and new alternatives	Joana Magalhães
PODCAST: Regional anesthesia: the main step of OFA?	TBA
LECTURE: Fast-track for knee replacement : Analgesia vs Motion	Humberto Rebelo

BREAK

LECTURE: Breast surgery : Choice of the best option according to anatomy	Clara Lobo
PODCAST: LAST in new procedures : plane blocks, RA combined with infiltrations	TBA
LECTURE: Live demo : From QLB to Erector Spinae Plane Block	Duarte Machado

LUNCH

14:00 – 17:00

WORKSHOPS

PNB Upper Limb (3×15 min. rotations)	Hugo Reis
ROUND TABLE with the speakers	
PNB Lower Limb (3×15 min. rotations)	Marta Pereira
Central Neuraxial and Trunk Blocks (3×15 min. rotations)	Duarte Machado

