

BEST 2026

Bariatric Endoscopic Surgery Trends


Hospital CUF Tejo | 23/24 abril 2026




BEST 2026 Bariatric Endoscopic Surgery Trends

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Tuesday 21st

08h30 - 18h30  Colorectal Module - 1 day - 50 participants

Wednesday 22nd

08h30 - 18h30  Abdominal Wall Module - 1 day - 50 participants

BEST 2026 Bariatric Endoscopic Surgery Trends

Hospital CUF Tejo | 23/24 abril 2026

Tuesday 21st

4th Edition of "Laparoscopy & Robotics in General Surgery" Colorectal Module | CUF Tejo Hospital

Course Direction: Nelson Silva and Carlos Vaz

- 08h30 ● Registration
- 08h40 ● **RADIO ONCOLOGY - TNT LATEST TRIALS - RECTAL CANCER**
Moderators: António Quintela, Carlos Leichsenring
- Medical Oncologist's point of view**
Ana Raimundo
- The Radiotherapy specialist's view**
Catarina Travancinha
- Surgery or Watch and wait after TNT - complete clinical response - clinical strategies**
Nuno Figueiredo
- Discussion**
- 09h50 ● **DEHISCENCE OF THE COLORECTAL ANASTOMOSIS: WHAT TO DO NOW?**
Moderators: Nelson Silva, Manuel Limbert
- Leak, sepsis and now...what can i do**
David Nora
- Endoscopic treatment**
Susana Mão de Ferro
- Where will the surgery take place?**
Carlos Leichsenring
- Discussion**
- 11:00 ● Coffee-break
- 11h30 ● **RIGHT COLON CANCER**
Moderators: Ana Raimundo, Pedro Botelho, Miguel L. Cunha
- Neo adjuvant immunotherapy in locally advanced colon cancer**
Manix Foppen (online)
- MIRCAST long term results**
Pedro Botelho
- Complete mesocolic excision - robotic surgery**
Danilo Miskovic (online)
- Discussion**

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Course Direction: Nelson Silva and Carlos Vaz

- 12h40 **MASTER LECTURE**
Moderators: Thiago Abud
Routes/gateways for distant metastatic spread in colorectal cancer - do we need another clinic staging system?
Svetlana Balyasnikova (online)
- 13h10 **LUNCH**
- 14h10 **RECTAL CANCER | Low Anterior Resection - practical concepts**
Moderators: Luís Lourenço, Nelson Silva
Laparoscopic Low Anterior Resection
Luis Galindo
Robotic Low Anterior Resection
Carlos Vaz
Rectal anastomosis - a diferent robotic approach
Marcos Gomes Ruiz (online)
Lateral node dissection in rectal cancer - decision of when and how - mini invasive surgery
Nuno Rama (online)
Discussion
- 16h00 **Coffee-break**
- 16h15 **ALMOST -LIVE ROBOTIC SURGERY (UNEDITED)**
Moderators: Pedro Botelho, Luís Galindo
Procedure: CME of righth Colon Cancer /Low Anterior Resection - rectal cancer
- 17h40 **RECTAL CANCER | Local Resection - Gastroenterology VS Surgery**
Moderators: Pedro Botelho, Sandra Carlos , Nelson J. Silva
Endoscopic Resection
Pedro Barreiro
TAMIS/TAE
Joep Knol (online)
- 19h00 **Close & Conclusions & Home messages**

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Wednesday 22nd

4th Edition of "Laparoscopy & Robotics in General Surgery"
Abdominal Wall Module | CUF Tejo Hospital

Morning Sessions - Block 1

08h30

Foundational Updates & Specialized Techniques

Updates in Hernia Recurrence Classification

Salvatore Docimo

Umbilical Hernia with Rectus Diastasis

Fernado Ferreira

Tailored Approaches to Lateral / Flank Hernias

Eva Barbosa

Paraesophageal Hernia: Prevention & Management

Emanuel Guerreiro

Q&A Session

TBA

10h45 - 10h55

Coffee Break

Morning Sessions - Block 2

11h00

Pain Management & Patient Optimization

Inguinal Repair Options & Post-Op Pain Reduction

Ana Marta Pereira

Q&A

Optimizing Care for Obese & Morbidly Obese Patients

Carlos Vaz

Morning Sessions - Block 3

11h00

Advanced Strategies & Patient Perspectives

Pre-Operative Strategies for Loss of Domain

Gabriel Oliveira

'It's Just a Hernia!?' Listening to the Patient

Robert Edelman

Final Morning Q&A Session

13h00 - 14h30

Lunch

Afternoon Live Surgery Session | Technique in Action

14h30

Live Surgical Demonstration

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Thursday 23rd

CUF Tejo Hospital Auditorium

- 08h00 ● Registration
- 08h30 ● Opening session
- 08h45 ● **AI, ROBOTICS & REMOTE SURGERY**
Moderators: Paula Volpe, Júlio Teixeira, Bengy Pascotto, Pablo Omlanckzuc
- AI in metabolic surgery: from prediction to guidance**
Pietro Mascagni (*online*)
- Adoption of robotics in bariatric surgery – the how**
Rodolfo Oviedo (*online*)
- Remote proctoring & digital mentorship**
Marco Anselmino
- Next-generation robotic systems for metabolic surgery**
Giorgio Baretta
- Discussion
- 10h00 - 10h30 ● Coffee break
- 10h15 ● **LIVE SURGERY | Session 1 (two operations)**
Moderators: A. Albuquerque, Giorgio Baretta, Francisco Toscano, Hugo Sousa
- Operation 1 - Robotic Single Anastomose Sleeve Ileal bypass (SASI) – Da Vinci Xi® (Intuitive)**
Ricardo Zorron
- Operation 2 - Robotic Single Anastomose Sleeve Ileal bypass (SASI) – Toumai® (MicroPort)**
Carlos Vaz
- 12h15 - 13h15 ● Lunch
- 13h15 ● **THE ILEAL SHIFT**
Moderators: Luciana El Kadre, André Teixeira, Pablo Omlanckzuc
- Why ileal? Physiological and hormonal basis**
Manuel Aceves
- Ileal interposition, bipartition and biliopancreatic diversion: concepts & outcomes**
Aureo DePaula
- Our way to ileal concepts: rationale & results**
Ricardo Zorron
- Complications & long-term considerations of ileal surgery**
Ramon Vilallonga
- Discussion

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Thursday 23rd

CUF Tejo Hospital Auditorium

14h30

CONTEMPORARY TECHNICAL CHALLENGES

Moderators: André Teixeira, Pedro Caron, Paulo Reis

Endoscopic (endoluminal) bariatric surgery: current indications and results

Manoel Galvão

Endoscopic bariatric revision: current role and key techniques

Alex Escalona

Magnet-assisted anastomosis: where does it fit in 2026?

António Torres

Discussion

15h30 - 16h00

Coffee break

15h45

LIVE SURGERY | Session 2 (two operations)

Moderators: Mário Nora, Marius Nedelcu, Eduardo Lima da Costa, Paulo Soares

Operation 3 - Robotic conversion of sleeve gastrectomy to SADI-S

André Teixeira

Operation 4 - Laparoscopic Single Anastomose Sleeve Ileal bypass (SASI)

Nilton Kawahara

17h45

MASTER LECTURE

A new paradigm in metabolic surgery: jejunal bipartition

Nilton Kawahara

18h15

CLOSING PANEL – DAY 1

Chairs: Eduardo Lima da Costa, Rui Ribeiro

Moderators: Luiz Carlos Bremm, Glauco Alvarez, Reinaldo Morioka, Marco Anselmino, Daniel Ferrarin, Thiago Sivieri, Jorge Bravo

Complications - leaks, reflux, internal hernia, malabsorption: to prevent or to treat?

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Friday 24th

CUF Tejo Hospital Auditorium

08h00

KEY LECTURES

Update on medical therapy: standalone & adjunctive approaches
Paula Freitas

Integrating anti-obesity medications with bariatric surgery: the COMMMBS algorithm
Salvatore Docimo

08h35

COMPLEX REVISIONAL SURGERY

Moderators: Mariano Palermo, Salvatore Docimo, Marco Anselmino

Indications and principles for safe revisional surgery
John Preto

Conversions from sleeve gastrectomy: what are the best options?
Fernando Barros

Conversions from Roux-Y gastric bypass to SADI or bipartition
Ricardo Zorron

Massive weight regain after Roux-en-Y gastric bypass (to class V obesity): revisional strategy to SASI bipartition
Bengy Pascotto

The best of both worlds: a new concept for weight regain after Roux-en-Y gastric bypass
Bruno Dillemans

Role of robotic revisional surgery
Luís Alfredo d'Almeida

Discussion

10h15

MINI-SYMPOSIUM – Reflux after bariatric surgery

Moderators: Luís Alfredo d'Almeida, Carlos Domene, John Preto

Reflux after Roux-Y gastric bypass: and now?
Guilherme Campos

Prophylaxis of de novo reflux after sleeve gastrectomy
David Nocca

The case against primary fundoplication in sleeve gastrectomy
Júlio Teixeira

Hiatal repair in bariatric surgery: the rationale for mesh
Camilo Bozza

Barrett's after sleeve gastrectomy: best practice
Alex Escalona

Discussion

11h30 - 12h00

Coffee break

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11h45

LIVE SURGERY | Session 3 (two operations)

Moderators: Francisco Cabral, Renato de Souza, Luiz de Carli

Operation 5 - SASI Bypass with magnetic anastomosis

Mohit Bhandari (*online from Indore, India*)

Results and Expectations of Magnetic Anastomosis

Mohit Bhandari (*online from Indore, India*)

Operation 6 - Laparoscopic conversion of sleeve gastrectomy to Roux-en-Y gastric bypass, with hiatal hernia repair and cholecystectomy

Bruno Dillemans

13h30 - 14h30

Lunch

14h30

BARIALINK GRAND ROUNDS

Chair: Bruno Dillemans

Moderators: J. Carlos Campos , Mariano Palermo, André Pinho

Case 1 | A different Tactic for Reflux after RYGB

Nilton Kawahara

Case 2 | An Innovative REDO to make our Bypass look great again...

Felipe Koleski

Case 3 | Endoscopic Reversion from SASI to Sleeve due to Malabsorption

Bernardo Maria

Case 4 | Pitfalls in the reversal of a Roux-en-Y Gastric Bypass

Mafalda Borges

15h20

TECHNICAL MASTERY VIDEOSHORTS – SECRET TECHNIQUES: My tricks for...

Moderators: Saleh Abujamra, Guillermo Borja, David Nocca

Roux-en-Y gastric bypass with "Versius"

Paula Volpe

Sleeve gastrectomy

Mariano Palermo

Robotic OAGB

Felipe Koleski

Robotic Roux-Y gastric bypass with "Hugo-RAS"

Jorge Santos

Primary SADI-S

António Torres

Duodeno - ileal bypass

Paulo Reis

Revisional SADI-S

Victor Dib

Anastomosis with self-assembling magnets

André Teixeira

Discussion

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16h50 - 17h20

Coffee break

17h20

METABOLIC SURGERY TODAY

Moderators: Leonor Manaças, Renato de Souza, Felipe Koleski

Diabetes without obesity - Surgery?

Luciana El Kadre

RYGB vs sleeve to reduce overall mortality in diabetes ans MASH (novel hype data; unpublished yet)

François Pattou

Surgery in diabetes with superobesity

Júlio Teixeira

The role of sympathectomy in diabetes management

Alcides Branco

Endoscopic (endoluminal) treatments for diabetes

Manoel Galvão

Discussion

18h45

CLOSING PANEL – DAY 2

Chairs: François Pattou, Aureo de Paula

Moderators: Alex Escalona, César Resende, Manoel Galvao, Alcides Branco, João Aniceto, Nicholas Krueel, Mário Nora

To “cure” diabetes in patients without obesity – time is now?

19h15

Congress closing



SECRETARIADO OFICIAL

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