

HILTON PORTO GAIA
17-18TH MARCH 2023



4TH OSC

Oporto Shoulder Course

CHAIRMAN: DR. RUI CLARO

PROGRAM

WELCOME MESSAGE



Dear friends and colleagues,

We are pleased to welcome you to the

4th Oporto Shoulder Course - International Advanced Shoulder Surgery Course, in the city of Porto, on the 17th and 18th of March 2023!

With our National and International Faculty, all of you, and the indispensable help of the industries, once again, we wish to present a high quality edition.

Rui Claro

Course President

INTERNATIONAL FACULTY



STEPHANE AUDEBERT



MICHEL AZAR



JÉRÔME GARRET



ABDULILAH HACHEM



LUCCA LACHETA

NATIONAL FACULTY

JOÃO AMARO

ANDRÉ BARROS

LUÍS HENRIQUE BARROS

BÁRBARA CAMPOS

RUI CLARO

NUNO VIEIRA FERREIRA

RICARDO FIGUEIRA

HÉLDER FONTE

TÂNIA FREITAS

NUNO SAMPAIO GOMES

MARCO SARMENTO

NUNO SEVIVAS

FRIDAY

17.03.2023

◆ REHABILITATION WORKSHOP

Morning dedicated to shoulder rehabilitation

Orientation:

JOÃO AMARO, RICARDO FIGUEIRA

09h00

Welcome

09h15

Rehabilitation techniques after shoulder arthroplasty

RUI REIS, HÉLIO DIAS, JOÃO AMARO

10:45 - Coffee-Break

11h00

Rehabilitation techniques in shoulder instability

CLÁUDIA NOGUEIRA, RICARDO FIGUEIRA

12h30

Discussion

W
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FRIDAY

17.03.2023

14h50

Welcome

15h00

ARTHROPLASTY IN FRACTURES

Hemiarthroplasty. Still an option?

HÉLDER FONTE

RSA as primary treatment of a fracture

BÁRBARA CAMPOS

RSA as a delayed treatment of a fracture

NUNO SEVIVAS

RSA as a treatment for complex fractures in young patients

TÂNIA FREITAS

Surgical approach. Deltopectoral vs Transdeltoid?

ANDRÉ BARROS

How to calculate the height of the humeral component in a RSA?

MICHEL AZAR

FRIDAY

17.03.2023

Cemented or uncemented humeral stem?

JÉRÔME GARRET

Fracture-specific humeral stem. Benefits?

RUI CLARO

Handling the tuberosities

MARCO SARMENTO

Arthroplasty as a treatment for fracture sequelae

RUI CLARO

Re-live Surgery

SURGEON: ABDULILAH HACHEM

MODERATORS: Nuno Vieira Ferreira, Luís Henrique Barros, Nuno Sevilas

16:45 - Coffee break

FRIDAY

17.03.2023

17h00

ANATOMIC SHOULDER ARTHROPLASTY

Osteoarthritis. What is the best treatment for young patients?

MICHEL AZAR

Golden rules for implantation of the glenoid component

LUIS HENRIQUE BARROS

Planning software? PSI? Augmented reality?

NUNO SAMPAIO GOMES

What is the best option for the glenoid? Polyethylene? Metal back? Keel? Pegs?

ANDRÉ BARROS

Standard stem? Short stem? Stemless? Evidence

RUI CLARO

What do I do to the subscapularis?

TÂNIA FREITAS

Clinical Cases Presentation

MODERATORS: *Stephane Audebert, Michel Azar, Rui Claro, Jérôme Garret, Abdulilah Hachem, Lucca Lacheta*

19:00 - WELCOME DRINK

SATURDAY

18.03.2023

09h30

REVERSE SHOULDER ARTHROPLASTY

Humeral stem onlay vs inlay. Risks and advantages

ABDULILAH HACHEM

**Notching. What is the clinical relevance?
When to intervene?**

NUNO VIEIRA FERREIRA

Should the subscapularis be repaired?

MARCO SARMENTO

**RSA combined with latissimus dorsi transfer.
In what cases?**

ABDULILAH HACHEM

How to deal with glenoid defects in a revision?

NUNO SEVIVAS

How to deal with humeral stem revision?

JÉRÔME GARRET

How to deal with instability of a RSA?

NUNO SAMPAIO GOMES

SATURDAY

18.03.2023

Re-live Surgery

SURGEON: JÉRÔME GARRET

MODERATORS: Rui Claro, Hélder Fonte, Marco Sarmento

11:00 - Coffee break

Clinical Cases Presentation

MODERATORS: Stephane Audebert, Michel Azar, Rui Claro, Jérôme Garret, Abdulilah Hachem, Lucca Lacheta

11:30



Guest Lecture

RSA and lateralization

STEPHANE AUDEBERT

12:30 - Lunch

13:30

MEDCOMTECH SYMPOSIUM

Custom made implants

SPEAKERS: CARLOS TORRENS, JOAN MIQUEL



SATURDAY

18.03.2023

14h15

SHOULDER INSTABILITY

What is important in the clinical decision?

Severity criteria

NUNO VIEIRA FERREIRA

I treat the first episode surgically.

Under what circumstances?

ANDRÉ BARROS

Why do I prefer labrum repair?

NUNO VIEIRA FERREIRA

Why do I prefer Latarjet?

MICHEL AZAR

Remplissage

LUCCA LACHETA

Arthroscopic Bankart

HÉLDER FONTE

DAS

TÂNIA FREITAS

Arthroscopic Latarjet

BÁRBARA CAMPOS

Discussion

17:30 - Coffee break

SATURDAY

18.03.2023

Revision of a failed Bankart repair

LUCCA LACHETA

Revision of a failed Latarjet

RUI CLARO

Shoulder instability associated with supraspinatus tear

LUIS HENRIQUE BARROS

Shoulder instability in a geriatric population

NUNO SEVIVAS

Recurrent posterior instability. How to treat?

ABDULILAH HACHEM

Hyperlaxity. Multidirectional instability. Rehabilitation

RICARDO FIGUEIRA

Re-live Surgery

SURGEON: LUCCA LACHETA

MODERATORS: Bárbara Campos, André Barros, Nuno Sampaio Gomes

Clinical Cases Presentation

MODERATORS: Stéphane Audebert, Michel Azar, Rui Claro, Jérôme Garret, Abdulilah Hachem, Lucca Lacheta

19:00 - End of the Course

GOLD



SILVER



BRONZE



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