

Objetivo

The aim of CARe II is to acquire and train in advanced techniques in the area of ultrasound guided regional anesthesia. The course consists of two parts. In the first part, the student must consolidate knowledge through study material previously provided after enrollment. In a second part, and over the course of one day, the practical component takes place, where the anatomical and sonoanatomy component of the blocks mentioned below are taught.

It is recommended that the applicants applying for this course have prior knowledge and experience in performing ultrasound guided blocks and in the area of sonoanatomy. It is also recommended previous enrollment in the CARe I course (not obligatory).

Number of places per course: 20 seats (*lunch and coffee break included*)

2020| PRELADA HOSPITAL

8:30 – 9:00	Candidate Reception – Hospital da Prelada
9:00 - 10:30	Anatomy Learning With Human Models <ul style="list-style-type: none"> - Anatomy of the Vertebral Column - Anatomy of the Thoracic Wall - Anatomy of the Lumbar Region - Lumbar Plexus e terminal branches - Sacral Plexus e terminal branches
10:30-10:50	Coffee Break – CEBAU Moment
10:50 - 11:50	Anatomy Learning With Human Models <ul style="list-style-type: none"> - Anatomy of the Vertebral Column - Anatomy of the Thoracic Wall - Anatomy of the Lumbar Region - Lumbar Plexus e terminal branches - Sacral Plexus e terminal branches
11:50 – 12:50	Lunch
12:50-14:50	Block Demonstration And Practice On Human Models <ul style="list-style-type: none"> - Erector Spinae Block Paravertebral Block - Costo-clavicular Block Serratus Plane Block - Quadratus Lumborum Block Lumbar Plexus Block - Fascia Iliaca Block Femoral Lateral Cutaneous Block Subpectineal Block - Transgluteal Sciatic Block iPack
14:50 – 15:20	Coffee Break – CEBAU Moment
15:20 - 17:20	Block Demonstration And Practice On Human Models <ul style="list-style-type: none"> - Erector Spinae Block Paravertebral Block - Costo-clavicular Block Serratus Plane Block - Quadratus Lumborum Block Lumbar Plexus Block - Fascia Iliaca Block Femoral Lateral Cutaneous Block Subpectineal Block - Transgluteal Sciatic Block iPack
17:20 – 17:50	Coffee Break – CEBAU Moment
17:50 - 18:50	Block Demonstration And Practice On Human Models <ul style="list-style-type: none"> - Erector Spinae Block Paravertebral Block - Costo-clavicular Block Serratus Plane Block - Quadratus Lumborum Block Lumbar Plexus Block - Fascia Iliaca Block Femoral Lateral Cutaneous Block Subpectineal Block - Transgluteal Sciatic Block iPack
18:50 – 19:00	Course Closure