

## Sponsors

### Organization

CAR / ESRA Portugal

### Congress President

Clara Lobo

### International Faculty

Alan McFarlane

Carlo Pancaro

José Aguirre

Roman Zurcher

Teresa Parras

### National Faculty

Alexandra Borges

Ana Matos

Carolina Santos

Clara Lobo

Duarte Machado

Edgar Semedo

Elena Segura

Fernando Torres

Filipe Cunha

Francisco Lobo

Henrique Dias

Hugo Trindade

Humberto Rebelo

Javier Duran

Joana Magalhães

João Maia

Lara Ribeiro

Marta Pereira

Miguel Costa

Nuno Moinho

Patricia O'Neill

Paulo Eusébio

Paulo Fragoso

Raul Carvalho

Rita Araújo

Ronald Silva

[www.anestesiaregional.com](http://www.anestesiaregional.com)

### Secretariat

**DIVENTOS**  
Congressos e Eventos, Lda.

Diventos, Lda

Tel: +351 226 076 290

[congressos@diventos.com](mailto:congressos@diventos.com)

[www.diventos.com](http://www.diventos.com)

# XXV CAR/ESRA PORTUGAL

## Annual Congress

19th - 21st January 2017

PORTO



CAR

Clube de Anestesia Regional



## SCIENTIFIC PROGRAM



Scientific Sponsor:

Thursday, 19<sup>th</sup> January

## ANATOMY ROOMS

09:00	<b>ROOM 1</b> Big Five	<b>ROOM 2</b> Point of care US: Airway, Gastric, Lung
	<b>ROOM 3</b> Lowerlimb Blocks	
11:00	<b>ROOM 1</b> Wallblocks: PEC, Serratus, QL, TAP	<b>ROOM 2</b> Upperlimb Blocks
	<b>ROOM 3</b> Lowerlimb Blocks	
13:00	Lunch	
14:30	<b>ROOM 1</b> Big Five	<b>ROOM 2</b> Point of care US: Airway, Gastric, Lung
	<b>ROOM 3</b> Introduction to RF and USG Applications	
16:30	<b>ROOM 1</b> Wallblocks: PEC, Serratus, QL, TAP	<b>ROOM 2</b> Upperlimb Blocks

## SIMULATION CENTER CHP

09:00 - 11:00	SIMULATION Emergencies in RA and Obstetrics
11:00 - 13:00	SIMULATION Emergencies in RA and Obstetrics

## NOBLE ROOM

08:30 - 13:00 Abstract discussion

14:00 - 19:00 Regional anesthesia for nurses course

Friday, 20<sup>th</sup> January

08:00	Registration desk
09:00	<b>Point-of-Care: Ultrasound in Perioperative Care</b> <i>Chairman / Speaker: Elena Segura</i>
09:30	<b>Hip Surgery - what's the best analgesic strategy?</b> <i>Chairman: Paulo Eusébio</i> <i>Speaker: Alexandra Borges</i>
10:00	<b>What can Regional Anesthesia tell us about the brain?</b> <i>Chairman: Clara Lobo</i> <i>Speaker: Francisco Lobo</i>
10:30	Coffee Break - 30 min
11:00	<b>ROUND TABLE - Obstetrics</b> <i>Chairman: Rita Araújo</i> <b>Obstetric Anesthesia Update: 5 Things You Always Wanted to Know About OB Anesthesia</b> <i>Speaker: Carlo Pancaro</i> <b>Obstetric emergencies - how to be prepared</b> <i>Speaker: Fernando Torres</i>
12:00	<b>ROUND TABLE - Chronic Pain and RA</b> <i>Chairman: Javier Durán</i> <b>New Thoughts on Predicting and Preventing Chronic Pain after Surgery</b> <i>Speaker: Roman Zurcher</i>
12:30	<b>Why take EDRA? How to be prepared?</b> <i>Chairman: Humberto Rebelo</i> <i>Speaker: José Aguirre</i>
13:00	Lunch/Opening session
14:00	<b>ROUND TABLE - RA and Obesity</b> <i>Chairman: Lara Ribeiro</i> <b>The obese pregnant</b> <i>Speaker: Carlo Pancaro</i> <b>The obese patient</b> <i>Speaker: Clara Lobo</i>
15:00	<b>What's the role of peripheral nerve blocks in Vascular Surgery?</b> <i>Chairman: Clara Lobo</i> <i>Speaker: Alan McFarlane</i>
15:30	<b>ROUND TABLE - RA in Pediatrics</b> <i>Chairman: Patrícia O'Neill</i> <b>Serratus Plane Block for Scoliosis Cases in Paediatrics</b> <i>Speaker: Teresa Parras</i> <b>25 years of Regional Anesthesia in children, what changed?</b> <i>Speaker: Hugo Trindade</i>

16:30	<b>ROUND TABLE - RA in Trauma</b> <i>Chairman: Ronald Silva</i> <b>Regional Anesthesia in the Pre-hospital setting. Yes? Then, how?</b> <i>Speaker: Ronald Silva</i> <b>Regional Anesthesia in Improving Outcomes in the trauma patient</b> <i>Speaker: Roman Zurcher</i>
17:30	<b>Assembleia Colégio de Anestesiologia</b>
18:30	<b>Assembleia Geral CAR</b>

Saturday, 21<sup>st</sup> January

08:00	Registration desk
09:00	<b>ROUND TABLE</b> <i>Chairman: Edgar Semedo</i> <b>Miofascial Syndromes. From diagnosis to treatment. Anesthetist Perspective</b> <i>Speaker: Edgar Semedo</i> <b>Rehabilitation Medicine Perspective</b> <i>Speaker: Miguel Costa</i>
10:00	<b>DEBATE - RA vs IV analgesia</b> <i>Chairman: Humberto Rebelo</i> <b>Pro / Con: IV Lidocaine vs. Regional anesthesia</b> <i>Speaker: Alan McFarlane vs. Jose Aguirre</i>
11:00	Coffee Break - 30 min
11:30	<b>Epidural analgesia in the parturient with fever</b> <i>Chairman: Joana Magalhães</i> <i>Speaker: Carlo Pancaro</i>
12:00	<b>DEBATE - Knee surgery</b> <i>Chairman: Elena Segura</i> <b>Pro / Con: Neuraxial Anesthesia for peri-prosthetic knee infection. Yes vs. No</b> <i>Speaker: Paulo Fragoso vs. Nuno Moinho</i>
13:00	<b>DEBATE - Abdominal surgery</b> <i>Chairman: Hugo Trindade</i> <b>Pro / Con: Abdominal surgery analgesia: abdominal wall blocks vs. Epidural block</b> <i>Speaker: Marta Pereira vs. Duarte Machado</i>