

# PORTO

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11-15 December 2017

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ECMEC<sup>®</sup>S  
BY THE  
EACCME<sup>®</sup>



CAR

Clube de Anestesia Regional

PRESENTS



Anesthesiology *alive*

KNOWLEDGE UPDATE

## GENERAL DESCRIPTION

Since its early days, Anesthesiology has been a leader in medical progress.

Last few years bear witness of great evolution and revolution in terms of pharmacology, techniques, knowledge, safety and training. It is difficult to be updated with so many new concepts and ideas.

**CAR/ESRA** Portugal is aware of such immense responsibility of what being a peri-operative specialist is all about and is deeply committed to provide the leadership in education and training necessary to achieve the highest quality clinical care possible and uncompromised safety throughout the perioperative continuum involved in pain relief and regional anesthesia planning and implementation.

To achieve excellence in regional anesthesia, you should be an exceptional anesthesiologist too. In the past years, several and very significant clinical changes affected the practice of anesthesiology as we know it. This comprehensive CME program provides a special and timely opportunity for anesthesiologists and anesthesiology residents to hear directly from world-renowned specialists and master clinicians about these changes and make a satisfying update.

**Anesthesiology Alive 2017** course program ensures that attendees leave with a comprehensive understanding of the latest advances, risk mitigation strategies, anesthesiology guidelines and specific recommendations to incorporate these updates into practice. The design of the course is appealing and engaging, so attendees feel free to pose questions at the end of each morning session as one-on-one with the national and international experts who will be delivering the updates and education at this event. This program also features a variety of hands-on, skills-advancement workshops during the afternoon.


## ACCREDITATION

The Alive Anesthesiology, Porto, Portugal, 11/12/2017-15/12/2017 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 28 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

## 11 DEC / MONDAY

7:30 **REGISTRATION DESK OPENING**

### ANESTHESIA BASICS

- 8:00-8:40 **Basic Pharmacology for Anesthesiologists**   
*TONY ABSALOM*
- 8:40-9:10 **Game Changers: The most important anesthesia articles ever published in GA**  
*FRANCISCO LOBO*
- 9:10-9:40 **Game Changers: The most important anesthesia articles ever published in RA**  
*ROMAN ZUERCHER*
- 9:40-10:10 **New drugs for the decade**  
*FRANCISCO LOBO*

/// COFFEE BREAK ///

### MONITORING DURING ANESTHESIA

- 10:45-11:15 **A multi-parametric non-invasive approach to patient monitoring: From basics to advanced**  
*AZRIEL PEREL*
- 11:15-11:45 **Regional anesthesia monitoring**  
*CLARA LOBO*
- 11:45-12:15 **Opioid. Friend or foe?**  
*ROMAN ZUERCHER*
- 12:15-13:00 *DISCUSSION*

/// LUNCH ///

14:30-16:30 **CRUNCH THE NUMBERS - HOW TO SUCCEED AS A PUBLISHER?**

**WS How to publish a paper**  
*ALAIN BORGEAT / SERGIO BERGESE / FRANCISCO LOBO*

## 12 DEC / TUESDAY

### AMBULATORY SURGERY

- 8:30-9:15 **Anesthetic issues for an ambulatory surgery: what are the limits for appropriate patients and procedures?**  
*PAULO LEMOS*
- 9:15-9:40 **Pro-Con: A+P vs sugammadex**  
*SIMÃO ESTEVES*
- 9:40-10:10 **Sedation for Regional Anesthesia**  
*ALAIN BORGEAT*

/// COFFEE BREAK ///

### PRE-OP AND POST-OP ASSESSMENT

- 11:00-11:30 **Pearls for a perfect pre-op interview**  
*ANTÓNIO MELO*
- 11:30-12:00 **Non-anesthetic effects of anesthesia: immunologic, inflammatory and cancer**  
*ALAIN BORGEAT*
- 12:00-12:30 **Preparing anesthesia for the patient too sick for anesthesia**  
*SIMÃO ESTEVES*
- 12:30-13:00 *DISCUSSION*

/// LUNCH ///

### 14:30-17:00 BRAIN STORMING

**Neurophysiology made simple**  
*SÉRGIO BERGESE*

**Brain waves for dummies**  
*FRANCISCO LOBO*

**Perioperative brain protection - a broken dream?**  
*CHRISTIAN WERNER*

**Neuroanesthesia for the occasional neuroanesthesiologist**  
*SÉRGIO BERGESE*

## 13 DEC / WEDNESDAY

### FLUID AND TRANSFUSION THERAPY

- 8:30-9:00 **Coagulation in the peri-operative setting: how to survive a bloody mess!**  
*JOSÉ AGUIAR*
- 9:00-9:30 **Assessing fluid responsiveness: Theory and practice.**  
*AZRIEL PEREL*
- 9:30-10:00 **Preparing an anaemic patient to surgery: escaping the vampires!**  
*JOSÉ AGUIAR*
- 10:00-10:30 **Iatrogenic hemodilution and avoidable blood transfusions**  
*AZRIEL PEREL*

/// COFFEE BREAK ///

### AIRWAY MANAGEMENT AND VENTILATION

- 11:00-11:30 **Top airway gadgets an anesthesiologist should master**  
*PEDRO CHARCO*
- 11:30-12:00 **How to avoid respiratory complications during and after anesthesia?**  
*JAUME CANET*
- 12:00-12:30 **Ventilation Modes: 5 things you always wanted to know about lung ventilation**  
*JAUME CANET*
- 12:30-13:00 *DISCUSSION*

/// LUNCH ///

### 14:30-16:30 TAKE A DEEP BREATH

**WS Airway - HFAR/PP**  
*PEDRO CHARCO / PEDRO PINTO / DUARTE MACHADO*

**WS Ventilation - HFAR/PP**  
*JAUME CANET / MARTA RAMAS*

**WS TIVA/TCI and EEG Monitoring: Theoretical and hands-on - ICBAS / AUDITORIUM**  
*FRANCISCO LOBO / ANDREIA COSTA*

## 14 DEC / THURSDAY

### REGIONAL ANESTHESIA

- 8:30-9:00 **Clinical pathways for total knee joint arthroplasty: Essential components of success**  
*ERIC ALBRECHT*
- 9:00-9:30 **Big five blocks: blocks any anesthesiologist should master!**  
*CLARA LOBO*
- 9:30-10:00 **How to become a true alchemist!**  
*ERIC ALBRECHT*
- 10:00-10:30 **My patient has a neurologic injury after a PNB and orthopaedic surgery: what shall I do?**  
*ERIC ALBRECHT*

/// COFFEE BREAK ///

### ANESTHESIA FOR SPECIAL POPULATIONS

- 11:00-11:30 **What every anesthesiologist should know about patient safety**  
*SUZANA PARENTE*
- 11:30-12:00 **How to turn pediatric anesthesia into a child's play!**  
*HUGO TRINDADE*
- 12:00-12:30 **One-stop shop for geriatric anesthesia: be an expert in ONE Session**  
*SUZANA PARENTE*
- 12:30-13:00 *DISCUSSION*

/// LUNCH ///

### DON'T LOOSE YOUR HEART

- 14:30-15:30 **Oxygen deliver (DO<sub>2</sub>) – an oversimplified concept?**  
*AZRIEL PEREL*
- 15:30-16:30 **Echocardiography for dummies**  
*LURDES CASTRO*
- 17:30 **CAR GENERAL ASSEMBLY**

## 15 DEC / FRIDAY

### ACUTE AND CHRONIC PAIN

- 9:00-9:30 **Best acute pain management: no pain, best gain!**  
*RONALD SILVA*
- 9:30-10:00 **5 Things you always wanted to know about OB anesthesia**  
*RITA ARAÚJO*
- 10:00-10:30 **Obesity: swimming with the whales...**  
*CLARA LOBO*

/// COFFEE BREAK ///

- 11:15-12:00 **Baby, don't hurt me, no more! Intervention practices in Chronic Pain**  
*JOSÉ DE ANDRÉS*
- 12:00-12:30 **How to use correctly the anatomy in Pain medicine.**  
*JOSÉ DE ANDRÉS*
- 12:30-13:00 *DISCUSSION*

/// LUNCH ///

### LET VISION GUIDE YOU

- 14:30-16:30 **WS US and regional anesthesia - ICBAS / AUDITORIUM**  
*CLARA LOBO / LARA RIBEIRO / RONALD SILVA / JOANA MAGALHÃES / HUMBERTO REBELO*



[WWW.ALIVE-ANESTHESIOLOGY.COM](http://WWW.ALIVE-ANESTHESIOLOGY.COM)



SECRETARIADO

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