

PORTO

11-15 December 2017

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BY THE
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CAR

Clube de Anestesia Regional

PRESENTS



Anesthesiology *alive*

KNOWLEDGE UPDATE

GENERAL DESCRIPTION

Since its early days, Anesthesiology has been a leader in medical progress.

Last few years bear witness of great evolution and revolution in terms of pharmacology, techniques, knowledge, safety and training. It is difficult to be updated with so many new concepts and ideas.

CAR/ESRA Portugal is aware of such immense responsibility of what being a peri-operative specialist is all about and is deeply committed to provide the leadership in education and training necessary to achieve the highest quality clinical care possible and uncompromised safety throughout the perioperative continuum involved in pain relief and regional anesthesia planning and implementation.

To achieve excellence in regional anesthesia, you should be an exceptional anesthesiologist too. In the past years, several and very significant clinical changes affected the practice of anesthesiology as we know it. This comprehensive CME program provides a special and timely opportunity for anesthesiologists and anesthesiology residents to hear directly from world-renowned specialists and master clinicians about these changes and make a satisfying update.

Anesthesiology Alive 2017 course program ensures that attendees leave with a comprehensive understanding of the latest advances, risk mitigation strategies, anesthesiology guidelines and specific recommendations to incorporate these updates into practice. The design of the course is appealing and engaging, so attendees feel free to pose questions at the end of each morning session as one-on-one with the national and international experts who will be delivering the updates and education at this event. This program also features a variety of hands-on, skills-advancement workshops during the afternoon.

11 DEC / MONDAY

7:30 **REGISTRATION DESK OPENING**

ANESTHESIA BASICS

- 8:00-8:40 **Basic Pharmacology for Anesthesiologists** 
TONY ABSALOM
- 8:40-9:10 **Game Changers: The most important anesthesia articles ever published in GA**
FRANCISCO LOBO
- 9:10-9:40 **Game Changers: The most important anesthesia articles ever published in RA**
ROMAN ZUERCHER
- 9:40-10:10 **New drugs for the decade**
FRANCISCO LOBO

/// COFFEE BREAK ///

- 10:45-11:15 **MONITORING DURING ANESTHESIA**
- 11:15-11:45 **A multi-parametric non-invasive approach to patient monitoring: From basics to advanced**
AZRIEL PEREL
- 11:45-12:15 **Regional anesthesia monitoring**
CLARA LOBO
- 12:15-13:00 **Opioid. Friend or foe?**
ROMAN ZUERCHER
DISCUSSION

/// LUNCH ///

- 14:30-16:30 **CRUNCH THE NUMBERS - HOW TO SUCCEED AS A PUBLISHER?**
- WS How to publish a paper**
ALAIN BORGAT / SERGIO BERGESE / FRANCISCO LOBO

12 DEC / TUESDAY

AMBULATORY SURGERY

- 8:30-9:15 **Anesthetic issues for an ambulatory surgery: what are the limits for appropriate patients and procedures?**
PAULO LEMOS
- 9:15-9:40 **Pro-Con: A+P vs sugammadex**
SIMÃO ESTEVES
- 9:40-10:10 **Sedation for Regional Anesthesia**
ALAIN BORGEAT

/// COFFEE BREAK ///

PRE-OP AND POST-OP ASSESSMENT

- 11:00-11:30 **Pearls for a perfect pre-op interview**
ANTÓNIO MELO
- 11:30-12:00 **Non-anesthetic effects of anesthesia: immunologic, inflammatory and cancer**
ALAIN BORGEAT
- 12:00-12:30 **Preparing anesthesia for the patient too sick for anesthesia**
SIMÃO ESTEVES
- 12:30-13:00 *DISCUSSION*

/// LUNCH ///

14:30-17:00 BRAIN STORMING

Neurophysiology made simple
SÉRGIO BERGESE

Brain waves for dummies
FRANCISCO LOBO

Perioperative brain protection - a broken dream?
CHRISTIAN WERNER

Neuroanesthesia for the occasional neuroanesthesiologist
SÉRGIO BERGESE

13 DEC / WEDNESDAY

FLUID AND TRANSFUSION THERAPY

- 8:30-9:00 **Coagulation in the peri-operative setting: how to survive a bloody mess!**
JOSÉ AGUIAR
- 9:00-9:30 **Assessing fluid responsiveness: Theory and practice.**
AZRIEL PEREL
- 9:30-10:00 **Preparing an anaemic patient to surgery: escaping the vampires!**
JOSÉ AGUIAR
- 10:00-10:30 **Iatrogenic hemodilution and avoidable blood transfusions**
AZRIEL PEREL

/// COFFEE BREAK ///

AIRWAY MANAGEMENT AND VENTILATION

- 11:00-11:30 **Top airway gadgets an anesthesiologist should master**
PEDRO CHARCO
- 11:30-12:00 **How to avoid respiratory complications during and after anesthesia?**
JAUME CANET
- 12:00-12:30 **Ventilation Modes: 5 things you always wanted to know about lung ventilation**
JAUME CANET
- 12:30-13:00 *DISCUSSION*

/// LUNCH ///

14:30-16:30 TAKE A DEEP BREATH

WS Airway - HFAR/PP
PEDRO CHARCO / PEDRO PINTO

WS Ventilation - ICBAS / ANATOMY DEP.
JAUME CANET / MARTA RAMAS

WS TIVA/TCI and EEG Monitoring: Theoretical and hands-on - ICBAS / AUDITORIUM
FRANCISCO LOBO / ANDREIA COSTA

14 DEC / THURSDAY

REGIONAL ANESTHESIA

- 8:30-9:00 **Clinical pathways for total knee joint arthroplasty: Essential components of success**
ERIC ALBRECHT
- 9:00-9:30 **Big five blocks: blocks any anesthesiologist should master!**
CLARA LOBO
- 9:30-10:00 **How to become a true alchemist!**
ERIC ALBRECHT
- 10:00-10:30 **My patient has a neurologic injury after a PNB and orthopaedic surgery: what shall I do?**
ERIC ALBRECHT

/// COFFEE BREAK ///

ANESTHESIA FOR SPECIAL POPULATIONS

- 11:00-11:30 **What every anesthesiologist should know about patient safety**
SUZANA PARENTE
- 11:30-12:00 **How to turn pediatric anesthesia into a child's play!**
HUGO TRINDADE
- 12:00-12:30 **One-stop shop for geriatric anesthesia: be an expert in ONE Session**
SUZANA PARENTE
- 12:30-13:00 *DISCUSSION*

/// LUNCH ///

DON'T LOOSE YOUR HEART

- 14:30-15:30 **Oxygen deliver (DO₂) – an oversimplified concept?**
AZRIEL PEREL
- 15:30-16:30 **Echocardiography for dummies**
LURDES CASTRO
- 17:30 **CAR GENERAL ASSEMBLY**

15 DEC / FRIDAY

ACUTE AND CHRONIC PAIN

- 9:00-9:30 **Best acute pain management: no pain, best gain!**
RONALD SILVA
- 9:30-10:00 **5 Things you always wanted to know about OB anesthesia**
RITA ARAÚJO
- 10:00-10:30 **Obesity: swimming with the whales...**
CLARA LOBO

/// COFFEE BREAK ///

- 11:15-12:00 **Baby, don't hurt me, no more! Intervention practices in Chronic Pain**
JOSÉ DE ANDRÉS
- 12:00-12:30 **How to use correctly the anatomy in Pain medicine.**
JOSÉ DE ANDRÉS
- 12:30-13:00 *DISCUSSION*

/// LUNCH ///

LET VISION GUIDE YOU

- 14:30-16:30 **WS US and regional anesthesia - ICBAS / AUDITORIUM**
CLARA LOBO / LARA RIBEIRO / RONALD SILVA / JOANA MAGALHÃES / HUMBERTO REBELO



WWW.ALIVE-ANESTHESIOLOGY.COM



SECRETARIADO

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